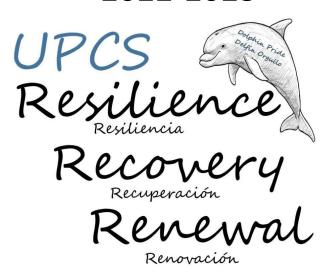


# University Preparation Charter School at CSU Channel Islands

COVID Mitigation and Response Plan 2022-2023





## **Table of Contents**

Health and Safety Protocols	2
Screening at Home	2
Other Safety Considerations	3
Visitors on Campus	3
Handwashing	4
Restrooms	4
Protocols when symptoms are present	5
Reporting and Contact Tracing	5
Isolation/Quarantine	6
What to do if you have symptoms	6
What to do if you test positive for COVID-19	7
School Work for Students on Isolation	8
Preparing for Closure	8
Supporting Mental Health and Wellness	9





### Health and Safety Protocols

#### **Screening at Home**

- Families are required assess the health and wellness of children for symptoms before going to school.
  - Questions to consider before bringing your child to school
    - 1. In the last 14 days, has your child or anyone in your household had close contact with someone who has or is suspected of having COVID-19?
    - 2. In the last 48 hours, has your child experienced any of the following symptoms:
      - Fever (any temperature at or above 99.5 degrees F
      - Congestion/runny nose
      - Headache
      - Cough
      - Sore Throat
      - Difficulty Breathing
      - Fatigue/muscle or body aches
      - Loss of tase or smell
      - Gastrointestinal symptoms (nausea, vomiting, or diarrhea)

If you answered yes to #1, please consider having your child wear a mask and monitor them closely for symptoms. Consider testing them on the 3-5 day after exposure. If you answered yes to #2,



please do not send your child to school and call the front office for further instructions.

• Staff members are required to complete a wellness check prior to coming into work. If staff is experiencing symptoms, they should stay home.

#### **Other Safety Considerations**

- School sites will follow guidelines developed by the California Department of Public Health (CDPH) for cleaning, disinfection, and ventilation of school campuses.
- Common touch surfaces will be cleaned regularly (i.e., countertops, door handles, restrooms, student desks, student chairs).
- Staff and students will be expected to wash/sanitize their hands regularly.
- Mask wearing is optional, unless you are in a modified quarantine and have returned to school in less than 10 days from a COVID positive diagnosis
- More hydration stations have been installed on campus for students to refill water bottles if you don't want your child to use the drinking fountains.
- Please carefully review the drop off/pick up procedures.
- Students will have access to free snack and lunch provided by our food services department.

#### Parents, Guardians, and Visitors

Families are welcome to come on campus with their children in the morning and wait with them until the teachers pick up the class from the blacktop. Family members are asked to not enter the pods or classrooms. All visitors and volunteers who are permitted on campus must follow all prevention protocols. Regular classroom volunteers or fieldtrip chaperones must follow our volunteer registration process.

1. Teacher requests the family member as a classroom volunteer



- 2. Family member registers in the front office:
  - a. Proof of vaccination required or must test weekly here on campus
  - b. Read and sign volunteer agreement
- 3. Volunteer must always come and sign-in at the front office prior to going to the classroom. We are implementing a new volunteer registration software using the Raptor system, more information will follow soon.

Family members attending school events do NOT need to register as a regular volunteer and do not need to show proof of vaccination or get tested.

#### **Handwashing**

Handwashing is strongly encouraged as one of the most effective ways to prevent the spread of any biological pathogen, including COVID-19:

- All persons will be encouraged to wash their hands or to use hand sanitizer upon arrival.
- A sink and/or hand sanitizer will be available in or near each classroom
- Students will be instructed by teachers and support staff daily and through posted signage to wash their hands.
- Staff will teach and remind students to sneeze and cough into a cloth or tissue or, if not available, into one's elbow and to wash their hands or use sanitizer immediately after.



- Students will be encouraged to wash their hands before and after playing outside and/or eating.
- Students will be reminded to wash hands before and after using the restroom.

#### **Restrooms**

Restrooms will be open and available.

- All persons will be encouraged to wash their hands or to use hand sanitizer after use.
- Soap and water are available in all restrooms, which are stocked daily, along with paper towels. Bathrooms are considered a high-touch area and will be cleaned nightly and throughout the day as practical.



#### Protocols for when someone presents with symptoms of COVID-19

Any student exhibiting symptoms should immediately be sent to the front office for assessment by the health technician. The school will offer onsite rapid testing to students presenting with symptoms. Parents will be contacted for permission to test.

These symptoms are:

Fever or chills New loss of taste or smell Cough

Fatigue Muscle or body aches Headache

Sore throat Congestion or runny nose Diarrhea

Nausea or vomiting New Confusion

Persistent pain/pressure in the chest Inability to wake or stay awake

Shortness of breath or difficulty breathing

Multisystem Inflammatory Syndrome (MIS-C)

MIS-C is a possible complication/condition children may get. There are some children who have had COVID-19 or been exposed to someone who has had COVID-19, that develop MISC-C. If you have a studentwith; rash, sore neck, abdominal pain, seemingly more tired than normal, or a swollen red tongue, in an abundance of caution isolate this student and send home.

Parents need to be able to pick up their child within an hour of being notified or arrange for one of the emergency contacts listed on the student record to pick the student up.

School policies must be flexible to allow for alteration to standards when responding to new information. This protocol may be revised frequently.

#### **Reporting and Contact Tracing**

UPCS will actively track presumptive and confirmed cases of COVID-19.



Google forms have been created to record students/staff members who present symptoms while at school and for students/staff members who report symptoms, have a positive COVID-19 test result, or exposure to someone with COVID-19. The form will then feed into a log that can be viewed by certain staff.

When there is an individual with a *confirmed COVID-19* test, UPCS will use the Group Contact Tracing approach to notify families if their child was in the proximity of someone who has tested positive. On-site testing will be offered to any student that comes into contact with a COVID positive person on campus.

#### **Isolation/Quarantine**

Students will need to quarantine when/if they have any COVID related symptoms and isolate when/if they test positive. This protocol has not changed. We will continue to offer drive-thru onsite testing for symptomatic students. The front office will help families with protocols for returning to school. If you test positive, you will need to isolate for at least 5 days. On the 6<sup>th</sup> day your child can come to school to take a rapid Anitgen test. If your child tests negative they can stay at school but will need to wear a mask at school until the 10th day from diagnosis or onset of symptoms.

Please see below for more details:

#### What to do if your child or a staff member has symptoms:

- a. Follow the strategy for Staying Home when Sick and Getting Tested.
- b. Get tested for COVID-19 when symptoms are consistent with COVID-19.
- c. Do not to return for in-person instruction until they have met CDPH criteria to return to school for those with symptoms:



- i. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND
- ii. Other symptoms are improving; AND
- iii. They have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.
- iv. If the student or staff member tests positive for SARS-CoV-2, follow the guidance for isolation below

#### What to do if your child or a staff member tests positive for COVID-19:

- Everyone regardless of vaccination status, previous infection OR lack of symptoms.
  - i. **Stay HOME** for at least 5 days
  - ii. Isolation can end after day 5 if symptoms are not present or are resolving **and** a diagnostic specimen\* collected on day 5 or later tests negative.
  - iii. If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10 days
  - iv. If fever is present, isolation should be continued until fever resolves.
  - v. If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after day 10.
  - vi. Students/staff returning with a negative test on day 6 will be



# required to wear a well-fitting mask around others for a total of 10 days, in indoor settings

\*Antigen test preferred.

#### School Work for Students on Isolation

Students who are quarantine/isolation should have their textbooks and materials, including any paper assignments. They should access the digital learning platform the teacher is using to see the assignments/daily schedule to know which assignments they need to complete daily and/or receive information directly from the teacher. All completed work should be turned in no more than three days after their return to school. Families will be able to apply for a short-term independent study for the period of a quarantine/isolation up to 14 days maximum for the entire school year. See Independent Study Policy for further information. If a student has exhausted the 14 days of Independent Study, absences will be considered "absent" for the day, but teachers will still provide work for the child, they just will not get attendance credit for the day.

#### **Preparing for Closure**

Administration will check state and local orders and health department notices daily about transmission or closures in the area and adjust operations accordingly. When a student, teacher or staff member tests positive for COVID-19 and exposes others at the school, UPCS will consult with the local public health department. The appropriate school official may decide whether school closure is warranted, including the length of time necessary, based on



the risk level within the specific community as determined by the local public health officer.

- Communicate UPCS plan to parents the first week of school or at Back-to-School Night.
- Teachers should follow District protocol for helping families with any technology needs.
- Decide what the digital platform/classroom communication tool will be and use that from the very beginning of the year.
- Provide families their student(s) Clever/Gmail account info and get them logged in at least once in the first two weeks of school. Provide short video clips of how to access student accounts.
- Have a plan for workbook/textbook/device pick up if schools need to close suddenly.

#### **Social and Emotional Well-Being**

UPCS is committed to supporting the social emotional well-being of the students we serve. We will be offering the following to our students during the 2021-22 school year:

- Additional Counselors
- Trauma-Informed Practices
- Behavior Support and Intervention Teams
- SEL Curriculum Implemented Schoolwide
- SEL Training for all Staff



#### **Mental Health Supports**

UPCS is committed to providing ongoing mental health support to students through our school psychologist, counselor, Student Success Teams.